



# Sun Moon & Star

## Spiritual Centre

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Tues – Sun 12 – 6pm

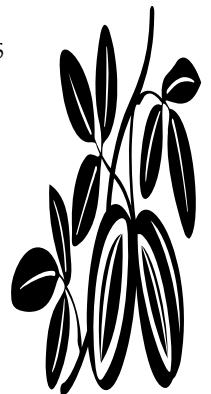
### Newsletter

February 2004

Greetings to one & all,

Happy New Year – hope your resolutions are still in tact!! We have had a wonderful response to the last newsletter – it would seem many of you share my dream. ☺ Yay! Anyone who has been into the Centre since the New Year, will have seen the **revamp**. For those of you who haven't been in yet- we have finished the painting, made the new improved treatment room, installed another long bench, moved the counter and my desk, put seating close to the books and cards and started the noticeboard- yep been busy over the Xmas break! Everyone who has been in reports that the change is an improvement – “more open” “better energy flow” “I can see everything easier” “much bigger”....

Big news is that we are now the outlet for the **Herb Growers Network** of WA. This wonderful initiative comes from Louise Plant (yep her name really is Plant!) and her partner Greg. What this means to you is that those with an ABN can purchase **wholesale herbs** and those without can purchase **herbs in bulk**. The HGN aims to provide locally grown and organic herbs at reasonable prices. 250 or 500g bags of herbs are available and of course we still have the amazing range, now over 240, of loose herbs available in 25, 50 or 100g. Louise is always looking for new growers so if you can produce anything from 2 to 2000kg of herbs get in touch with the HGN; they are professional, supportive and enthusiastic.



You will see from the new brochure we have gained some new readers and healers. Welcome to **Dale, Hasita & Ethony**. **Chrissy** will also be spending more time at the centre giving her intuitive crystal readings and healings. Dale offers deep relaxation Chakra Massage. She says it is best to allow 1 1/2 hours for your pampering with her. Dale uses a wonderful range of oils combined with Australian Wildflower Essences. She believes that healing is best done when the body is totally relaxed. Hasita is a well known local reader and healer. She is clairvoyant and works with Ascended Masters, Archangels and Spirit Guides. She also offers Aura soma and Reiki. Ethony was born in Nova Scotia, Canada; her mother is a Native American Indian of the Mic Maq tribe. Ethony has spent three years in training with a Wiccan High Priestess and now offers to share some of her knowledge on Witchy Wednesdays.

Timetabling everyone has become my latest challenge.....!



**Witchy Wednesdays** is an excellent new course starting in March. This is an interactive class which would interest anyone interested in Wicca in particular, and Paganism in general. There will be a free information evening on Friday 20<sup>th</sup> Feb starting at 7.30pm please RSVP. Jennifer will be offering an information evening followed by a 4 session workshop on **Working with Devas & Nature Spirits**. Jennifer is a garden designer and “nature ambassador” who creates beautiful Sacred Gardens. Her information evening is on Friday 27<sup>th</sup> Feb starting at 7.30pm please RSVP.

I want to take this opportunity to invite anyone who is interested in our courses to come along to our **information evenings** or drop in and ask questions. Also we want to alert everyone that anyone under 18 who is interested in our courses, will require **parental consent**. Not that there is anything 18+ rated in the courses!!! – we just feel that it is important that parents are fully informed of what their children are learning about as we don't wish to cause any family disputes!!



I also need to let everyone know that for the time being our Library lending facility will cease. Running a library, even a small one, is a full time job and I just don't have the resources to manage it properly. I don't want to deny people access to the books and magazines or lose books because I can't keep track of them so I would like to offer a compromise – a **Reading Room** – come and sit in the circle, make yourself a cuppa and curl up on the couch to read for as long as you want! We have received several book donations recently so there is plenty to choose from.

I am very pleased to announce that I am now an **Authorised Civil Celebrant**. So I am now available for Weddings, (legal) Handfastings, Commitment, Vow Renewal, Namings, Funerals and any other ceremony you would like to create. To give you an idea of what is possible I have assisted in developing a blessing given by the sister of a bride before a tree planting at a wedding and a I have developed a releasing rite to celebrate the end of a series of counselling sessions taken over the last 8 years. I am quite open minded and am enjoy creating ceremonies that reflect who you are and flow seamlessly from beginning to end. My next ceremony will be bare foot on the beach!



Another ceremony that is close to my heart is the **Adolescent Rites of Passage**. I have trained in one type of Rite of Passage called The Journey. I have had preliminary discussions with another group who offer Rites of Passage with a view to joining forces and developing a rite for our young women. Watch this space....

Lastly, I am planning to have a **"Forum"** afternoon, probably on a Sunday from 2pm. I plan to invite guest speakers as well as regulars to present ~1/2 hour of information followed by open discussion. Topics so far include

- The Healing properties of Essential Oils
- Formulating your own numerological Life Grid
- Travelling to the Chakra's of the Planet
- Dream Analysis

If anyone wants to present a topic, please contact me to discuss it. I also want to invite local spiritual leaders to present information on their beliefs and then take a tour of various temples, churches and the like. If anyone has any suggestions about places to approach, please let me know.

So, here we are again at the end of another Newsletter. I hope all is well with you and I look forward to seeing you soon. Best wishes,

**T**amara CMC

PS: I would love to save trees, so if you have **email** please let us know asap